



Delivering Special Provision Locally

DSPL7 Resource Library for schools 25/26



DSPL7 has a number of resources suitable for pupils with ASD, ADHD and sensory needs, which can be borrowed by schools for up to half a term. This allows schools to trial these larger, more expensive items to see if they have a positive impact on the pupil. If you have any additional requests please let us know.



admin@dspl7.org.uk



01727 519229



www.dspl7.org.uk

Resource library



Ear Defenders Designed to improve focus and concentration, ear defenders help children manage distractions by effectively blocking out excessive noise and sensory overload, creating a quieter space for children to relax and regroup.



Weighted blankets, lap-pads and vests and weighted snake Recommended by Occupational Therapists for use in the classroom to increase attention span and reduce hyperactivity often seen in children with autism, ADHD, sensory and learning difficulties.



Move 'n sit cushions

An air-filled seat wedge that is similar to sitting on a Gym Ball (or balloon). The wedge shape and unevenness of the cushion adds an element of instability. It is designed to promote active sitting.



Body Socks

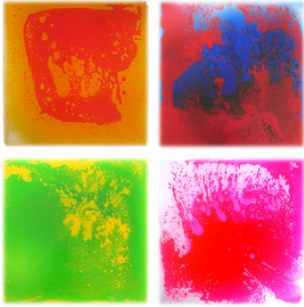
Four-way stretchy lycra body sock. An all-round movement, proprioceptive, tactile and deep pressure experience. Once inside the stretchy lycra material gently resists your movements.



Pop up desk screens

This lightweight screen can be placed between pupils to encourage independent working and act as a privacy partition. Ideal for children with concentration problems who need a distraction free area.

Resource library



Small Liquid Floor Tiles

Fascinating objects are especially important for the development of children and promote their senses in many areas. Liquid floor tiles are particularly suitable for exercising co-ordination and balance.



Small & Large Ball Chair

Small chair aged 4-8; large chair 9-adult.
Sitting on a stability ball supports and builds core muscles and helps children focus by expending the excess energy they build up.



Squeeze machine

Providing all over deep pressure as the user rolls between the soft, squishy bumpers, the Squeeze Machine can be an invaluable sensory toy for children that need deep proprioceptive input.



IKEA Hooded Swivel Chair

Fits an average sized primary school child. Alternative to a pop up den if space is limited.



Children's Therapy Body Exercise Ball and Peanut ball

The therapy exercise ball is a great way to help with:

- Balancing exercises and skills
- Co-ordination skills
- Increased flexibility

Balls should only be used if recommended by an OT and if a programme of exercise has been provided.

Resource library



Under the desk pedals

Noiseless pedals designed to fit under the desk, offers students with ADHD an opportunity to move and exercise during the day, which helps focus and concentration.



Cozy Canoe

This blow up canoe provides soothing deep pressure for a calming hug. The peapod shape provides proprioceptive and tactile input to help kids manage strong emotions and unwind. Climbing in and out also develops motor planning skills.



Pop up dark den or light den and pop up tents

Versatile pop up Sensory Pod ideal for environments where a full sensory room is not available. Use with projectors and light sources (not included). Instant 'pop up' set up which folds away easily.



Sensory Light Ball / Kaleidoscope lamp

For use inside the pop up den. With a remote control included, you can choose between 16 different colours or even set it to fade from colour to colour.



Bubble floor lamp

80cm colour changed LED bubble lamp with 6 fish for use in the sensory den. Mains powered, plastic tube.

Resource library

| | |
|--|--|
|  A green balancing apparatus consisting of a large circular base, a central vertical pole, and a smaller circular seat on top. | <p>Whizzy Dizzy</p> <p>A balancing, tea cup style apparatus that develops gross motor skills. Sit on the whizzy dizzy and rotate the wheel to spin yourself around. Great for developing shoulder muscles and balance and coordination.</p> |
|  A red, shallow, oval-shaped plastic dish. | <p>Rock Around</p> <p>Gentle circular rocking. This disk can be rocked by the user, aiding gross motor development and providing a soothing and calming motion.</p> |
|  An orange and white handheld electronic device with a screen and a button. | <p>C-PEN Reader</p> <p>The C-PEN reader allows those with dyslexia to become an independent reader, able to read any printed text on their own. Depending on your need, scan full paragraphs or single words and listen to the text being read out automatically.</p> |
|  A blue mini trampoline with a spring cover and padded handles. A small green circle with the word "new" is visible in the top right corner of the image. | <p>Trampette</p> <p>This is a mini trampoline for sensory circuits. It develops strength, coordination, flexibility and balance. Padded handles and a spring cover. Folds down for easy storage.</p> |
|  A blue, wobble stool with a flared top and a wide, stable base. | <p>Sensory Wobble Stool (new)</p> <p>The Wobble stool can support student movement, which is essential for cognitive development. Fidgeting can help keep bodies and minds engaged. The stool is non slip and suitable for carpet and hard flooring.</p> |

Contact us

Please email admin@dspl7.org.uk if you would like to borrow any of these resources - assessment tools can be borrowed for up to 6 weeks and can be collected from the Hub.



DSPL7, The Hub, 228 Hatfield
Road, St Albans, Herts, AL1 4LW



admin@dspl7.org.uk



01727 519229



www.dspl7.org.uk